



information on eye care and vision
for people with learning disabilities

Feedback from my Eye Clinic Appointment

Sometimes people with learning disabilities need to attend an eye clinic. It is very important that what is said at the appointment is written down on behalf of a person with learning disabilities.

This form is designed to help carers and supporters record information about what happened at an eye clinic appointment.

Take this form to the appointment and write down what happened.

Fill in this section **before you go** to the appointment:

Name and Date of Birth of person going to the appointment:

Name of hospital and eye doctor (ophthalmologist) and their contact telephone number:

Time and date of the appointment:

Reason for the appointment:

Person's Hospital Reference Number:

Name of the person filling in this form and date:

Before attending the appointment we recommend supporters read our Look Up factsheet [Attending a Hospital Eye Clinic Appointment](#). People with learning disabilities may wish to watch our Look Up [You and Eye film](#)

Fill in the next section while **you are at the appointment**: We advise taking notes at the meeting. - Tell the eye doctor you will be taking notes. Show the doctor this form.

At the Appointment:

It is important to write down what was said at the appointment. Write down any information the eye doctor might give you about:

- The person's sight, eye condition, eye health or other health problems
- Whether the person should be Registered as Sight Impaired (partially sighted) or Severely Sight Impaired (blind) – and how this will be done?
- Any advice given about keeping the person's eyes healthy, such as regular eye tests, wearing glasses, eye lid hygiene,
- Any other medical or eye care specialist that might need to be involved (orthoptists, diabetic specialists, GP etc)

On the next page write down what was said about any treatments

At the Appointment - Possible Treatments –

It is important to write down what was said at the appointment about treatments for the person.

Write down any information the eye doctor might give you about:

- Why the treatment is necessary
- What the treatment involves (surgery, medication, eye drops, eye patches etc)
- The benefits and risks of the treatment and the likelihood of it being a success
- What can be done to prepare the person for treatment
- What support the person may need in the days after their operation
- Any reason why the person cannot have treatment at the moment

Remember to ask for any leaflets or information that the doctor might have. We also recommend that you download our Look Up booklet [Consent to Medical Treatment](#). Also see our Look Up [Eye Surgery Support Plan](#)

On the next page write down what the person and you have to do next.

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Next Steps

Date and time of the person's next appointment?

Where is the appointment?

Who is it with?

If the person is to be registered as as Sight Impaired (partially sighted) or Severely Sight Impaired (blind) who will be visiting them to undertake an assessment. If you are unsure contact the local authority sensory services team or the person's GP.

Has the person been referred to Orthoptist / Low Vision Aid clinic? Where will this be and when?

Has the person been discharged from the Eye Clinic?

We recommend putting this information in the person's Health Action Plan.

For more information about eye care for people with learning disabilities, please go to - www.lookupinfo.org